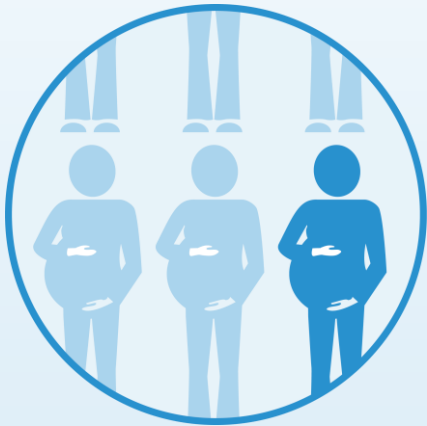


DECIDING HOW TO GIVE BIRTH AFTER A CAESAREAN SECTION



If you have had a caesarean section (C-section) before, your midwife will talk to you about your options for giving birth this time. This handout explains some of the research on this topic and gets you thinking about other factors that may affect your decision so you can make the best choice for yourself and your family. This handout does not replace the informed choice discussions between you and your midwife.

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