

PROM AT TERM



Pre-labour rupture of membranes (PROM) means that your water breaks before labour begins. Labour is when you have regular contractions, or labour pains, in your uterus. The information provided in this handout only applies to PROM at or after 37 weeks. This handout may help you better understand some of the considerations and choices you may face after PROM occurs. This handout does not replace the informed choice discussions between you and your midwife.

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